

参 考 答 案

Unit 1 Time to Relax

学习引导

【基础落实】

I. 单词

1. 请根据中文写出英文,并标注英文单词的词性。

滑雪	ski <i>v.</i>	鞭策;推	push <i>v./n.</i>
表达;表示	express <i>v.</i>	邮票	stamp <i>n.</i>
害怕;担忧	fear <i>n. & v.</i>	相当;更准确地说	rather <i>adv.</i>
闲聊	chat <i>v. & n.</i>	失败	failure <i>n.</i>
减少	reduce <i>v.</i>	明信片	postcard <i>n.</i>
精神压力;紧张	stress <i>n.</i>	严厉的;严格的	strict <i>adj.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

calligraphy	书法 <i>n.</i>	manage	完成(困难的事);管理 <i>v.</i>
instructor	教练;指导者 <i>n.</i>	outing	出外游玩;远足 <i>n.</i>
poem	诗 <i>n.</i>	object	物品;宾语 <i>n.</i>
single	单个的;单身的 <i>adj.</i>	programmer	程序设计员 <i>n.</i>
stroke	笔画;击球 <i>n.</i>	achievement	成就 <i>n.</i>

3. 请根据要求写出所给单词的相应形式。

suggest: suggestion (名词)

express: expression (名词)

surprise: surprisingly (副词)

stress: stressful/stressed (形容词)

II. 短语

请根据中文写出英文。

害怕;恐惧	scared of
克服(困难);解决(问题)	get over
正在做;由某人决定	up to
放弃	give up
作为回报	in return
开始做某事;进入	get into
试一试某事	give it a go
偶尔;间或	once in a while
出外游玩	go on an outing

巩固练习

Section A

【语音练习】

1. program/programme 编写程序;程序;节目;项目 2. deal 交易;协议;对付
3. push 鞭策;推 4. express 表达;表示 5. poem 诗

【词汇练习】

I. 1. skiing 2. managed 3. return 4. scared 5. ink

II. 1. express 2. chatting 3. poem 4. deal 5. push

【语法练习】

I. 1. D 2. A 3. C 4. D 5. B 6. A 7. B 8. C

II. 1. likes programming 2. to go ice skating 3. to play the guitar

4. write poems; in return 5. do calligraphy; practising single strokes

III. 1. dealt 2. to have 3. students' 4. practising 5. to read

【基础巩固】

I. 1. looked so beautiful 2. so many times

3. expects you to be perfect 4. encouraged me to get back up

5. not to give up so easily 6. used to be scared of water

7. to get over my fear 8. have fun being in the water

II. 1. give it a go 2. to relax myself 3. expects me to help clean

4. have fun swimming 5. did a survey on

III. 略

Section B

【词汇练习】

I. 1. failure 2. suggestion 3. inspired 4. stage 5. reduce 6. strict

7. foreign 8. stamps 9. allows 10. stressed

II. 1. dream of 2. so far 3. a sense of achievement

4. reduce stress 5. pass the time

6. calm down 7. take up a hobby 8. on stage

【语法练习】

I. 1. B 2. A 3. C 4. C 5. A 6. D

II. 1. planting 2. inspiration 3. Listening 4. travelling/traveling

5. achievements 6. Surprisingly 7. importance 8. instructor

III. 1. making things; to collect them

2. give up; get better at
3. a sense of achievement; using the app
4. started dancing; in front of others
5. listening to music; after a busy day

【基础巩固】

- I . 1. horse riding 2. visited my grandfather's farm
3. such an amazing experience 4. ride my favourite horse
5. enjoy being in nature 6. helps me stay fit
7. bring her some carrots 8. lucky to have her

II . 略

综合性任务

- I . 1. C 2. A 3. B 4. D 5. A 6. B 7. C 8. D

- II . 1. D 2. B 3. C 4. A 5. C 6. D 7. A 8. D 9. B

- III . 1. It's a place where you can play with animals while enjoying the food and drinks.
2. To attract more visitors. / Because they want to attract more visitors.
3. The customers need to order drinks and snacks.
4. Yes. Because I can play with animals and I can also read books and relax myself there. (答案不唯一)

IV . As a middle school student, my after-school hours are always filled with meaningful activities that make me happy and balanced.

Reading is my favourite hobby. Every evening, I spend 30 minutes reading books. It can be a novel with an exciting story or a science book about nature. Reading teaches me things I can't learn in class. I also love playing volleyball with my friends on weekends. This sport not only keeps my body healthy but also teaches me teamwork. When we win a game together, we cheer loudly; when we lose, we encourage each other to do better next time. Sometimes, I draw pictures at home when I want to relax. Drawing helps me express my feelings. It also helps me calm down after a busy day of studying.

These activities make my spare time colourful and meaningful. They help me relax, learn new things, and build good relationships. They are an important part of a happy life.

【口语训练】

- I . 1. skills 2. Reading 3. calm 4. brains 5. interests

II . 略

Unit 2 Stay Healthy

学习引导

【基础落实】

I. 单词

1. 请根据中文写出英文,并标注英文单词的词性。

压;按	press <i>v.</i>	环境	environment <i>n.</i>
发烧	fever <i>n.</i>	快的;迅速的;迅速地;快速地	quick <i>adj. /adv.</i>
避免;防止	avoid <i>v.</i>	安全;安全处所	safety <i>n.</i>
不小心的;粗心的	careless <i>adj.</i>	伤害;损害	harm <i>n. & v.</i>
检查;测验	test <i>n. & v.</i>	疼痛;痛苦	pain <i>n.</i>
病人;有耐心的	patient <i>n. /adj.</i>	憋气的;紧的;牢固的	tight <i>adj.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

sore	疼痛的;酸痛的 <i>adj.</i>	injury	伤害;损伤 <i>n.</i>
dentist	牙科医生 <i>n.</i>	clear	清晰的;清楚的 <i>adj.</i> 清理 <i>v.</i>
cough	咳嗽 <i>n. & v.</i>	burn	燃烧;着火 <i>v.</i> 烧伤 <i>n.</i>
medicine	药;医学 <i>n.</i>	bleed	流血;出血 <i>v.</i>
virus	病毒 <i>n.</i>	nervously	紧张不安地 <i>adv.</i>

3. 请根据要求写出所给单词的相应形式。

describe: description (名词)

ill: illness (名词)

happy: happily (副词)

harm: harmful (形容词)

II. 短语

请根据中文写出英文。

受苦;受折磨	suffer from
坐下	take a seat
给某人量体温	take sb. 's temperature
防止……;阻止……	stop...from doing
接通(电流、煤气、水等);打开	turn on
即将;正要(做某事)	be about to
急救	first aid
上馆子吃饭;在外用餐	eat out
不可能;没门	no way
从现在起	from now on

巩固练习

Section A

【语音练习】

1. throat 喉咙 2. headache 头痛 3. suffer 受苦;遭受
4. mask 口罩 5. brightness 亮度

【词汇练习】

I . 1. toothache 2. gas 3. medicine 4. patient 5. clear

II . 1. sore 2. to ache 3. mask 4. injury 5. Cross

【语法练习】

I . 1. B 2. C 3. C 4. D 5. B 6. A

II . 1. eat anything; have a terrible toothache

2. ate too much; aches

3. see a dentist; need an X-ray

4. is bleeding; fell off my bike; didn't expect to see

III . 1. eat 2. yourself/yourselves 3. to wake 4. fell

【基础巩固】

I . 1. have a runny nose

2. take your temperature

3. to do a test

4. have the flu

5. take some medicine

6. wear a mask

7. passing the flu virus to others

8. take good care of yourself

II . 1. doesn't look well; has a stomachache

2. fell; hurt himself

3. suffering from a sore throat

4. stop their kids from playing

5. avoid drinking cola; make the ache worse

III . 略

Section B

【词汇练习】

I . 1. panic 2. smoke 3. shock 4. tight 5. flame 6. allergic 7. roll

- II. 1. no way 2. on fire 3. put out the fire 4. turn off
5. thanks to 6. stop doing sth.

【语法练习】

- I. 1. D 2. A 3. B 4. C 5. C 6. A
II. 1. growing 2. playing 3. caught 4. himself 5. planning
III. 1. anything but tidy 2. was about to 3. Thanks to her
4. gave me some advice 5. put out the big fire

【基础巩固】

- I. 1. for the first time 2. fried chicken 3. on fire
4. turned off the stove 5. by rolling on the ground
6. was about to 7. first aid 8. put out the fire

II. 略

综合性任务

- I. 1. C 2. A 3. B 4. B 5. A 6. D 7. A 8. B 9. C 10. A

- II. 1. A 2. A 3. D 4. C 5. B 6. B 7. C 8. D 9. A

III. Dear Alice,

I'm sorry to hear that you are not very well and feel unhappy. Here is my advice. I hope it can help you.

A balanced diet can help you to keep in good health. You'd better eat more healthy food. It is good for you to eat a lot of vegetables, fruit and drink milk every day. And you should do more exercise, such as playing ball games, running, and so on. Exercise will be good for both your body and mind. You also need enough sleep, which is really important. What's more, try to smile every day, which can keep you happy. Don't worry. You will feel better and enjoy your life.

Yours,
Li Hua

【口语训练】

- I. 1. Suggestions 2. balanced
3. regular exercise 4. screen
5. nature 6. studies

II. 略

Unit 3 Growing Up

学习引导

【基础落实】

I. 单词

1. 请根据中文写出英文,并标注英文单词的词性。

孤独的;寂寞的	lonely <i>adj.</i>	奖;奖品	award <i>n.</i>
震惊的	shocked <i>adj.</i>	关闭;合上	shut <i>v.</i>
控制	control <i>v. & n.</i>	响起铃声;给……打电话	ring <i>v.</i>
怒火	anger <i>n.</i>	骄傲的;自豪的	proud <i>adj.</i>
建议;劝告	advise <i>v.</i>	教练	coach <i>n.</i>
礼物;展现;陈述	present <i>n. /v.</i>	很生气;疯狂的	mad <i>adj.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

plenty	充足;丰富;大量 <i>pron.</i>	repeat	重复 <i>v.</i>
standard	标准;水平 <i>n.</i> 标准的 <i>adj.</i>	negative	否定的;消极的 <i>adj.</i>
pressure	压力 <i>n.</i>	behave	表现;举止得体 <i>v.</i>
purpose	目的;意图 <i>n.</i>	physics	物理;物理学 <i>n.</i>
enter	进入 <i>v.</i>	awake	醒着的 <i>adj.</i>
bully	霸凌;恐吓 <i>v.</i> 恶霸 <i>n.</i>	mean	刻薄的;吝啬的 <i>adj.</i>

3. 请根据要求写出所给单词的相应形式。

hurt: hurtful (形容词)

clear: clearly (副词)

joy: joyful (形容词)

last: lastly (副词)

thank: thankful (形容词)

different: differently (副词)

II. 短语

请根据中文写出英文。

处理;对付	deal with
今后;从今以后	in future
尽释前嫌	clear the air
解释清楚;传达	get across
故意;有意地	on purpose
切成两半	cut...in half
设身处地;处于某人的境地	put oneself in sb. 's shoes
把……关(藏)起来;隔离	shut...away

续表

充足;大量	plenty of
感到忧郁	feel blue
欢天喜地	on top of the world
笑容满面	all smiles
情绪低落;精神不振	in low spirits
撤回;收回	take back
醒来	wake up
不时;偶尔	from time to time

巩固练习

Section A

【语音练习】

1. shocked 震惊的 2. control 控制 3. present 礼物
4. standard 标准;水平;标准的 5. plenty 充足;丰富;大量

【词汇练习】

- I. 1. lonely 2. alone 3. control 4. advise 5. hurtful 6. standard
7. award 8. plenty
II. 1. emotion 2. upset 3. forgive 4. fault 5. apologize

【语法练习】

- I. 1. A 2. D 3. D 4. A 5. C 6. C 7. B 8. B 9. A 10. C
II. 1. shocked 2. hurtful 3. controlled 4. presents 5. shutting
III. 1. realize; stressed 2. double your joy; cut; in half
3. Although; on purpose 4. so that; clear the air 5. means a lot

【基础巩固】

- I. 1. happy with my grades 2. compare me with 3. I'm sure 4. Why don't you
5. I'm afraid 6. How about writing 7. get your message across clearly
8. make you feel better
II. 1. take care of 2. are great for 3. is a good way to
4. clear your mind 5. control his anger
III. 略

Section B

【词汇练习】

- I. 1. low 2. dare 3. player 4. everybody 5. score 6. solution 7. remind 8. normal

- II . 1. let everybody down 2. don't be too hard on yourself
3. try to look on the bright side 4. be proud of us
5. learn from your mistakes 6. pull together
7. shout at other people/others 8. stay calm
9. take a deep breath 10. be up to you

【语法练习】

I . 1. B 2. A 3. C 4. B 5. D 6. C 7. A 8. D 9. B 10. A

II . 1. thankful 2. joyful 3. to calm 4. smiles 5. players 6. decision

III . 1. feeling blue 2. dare to 3. letting everybody down 4. win them all
5. control our anger 6. After all

【基础巩固】

- I . 1. entered the classroom 2. in the school's basketball team 3. because of me
4. an accident 5. as shocked as anyone else 6. respect his decision
7. had a good chance 8. made that mistake
9. scores were really close 10. hard to lose
11. learn from your mistakes 12. have a friend like Tom

II . 略

综合性任务

I . 1. C 2. B 3. D 4. C 5. A 6. D 7. B 8. A 9. C 10. D

II . 1. D 2. B 3. A 4. B 5. A 6. B 7. C 8. D

III . 1. To find out what kids would think of small acts of kindness.

2. The kids/They could take both pencils home or they could give one of the pencils to a stranger.

3. The kids/They felt satisfied.

4. Yes. /Yes, I do. Last week, I helped my classmate clean the classroom when she was not well. She was very grateful and I also felt happy.

Yes. /Yes, I do. On my way to school, I found shared bikes fell on the ground. I placed them in order. This small act of kindness made my day. (答案不唯一)

IV . Dear Peter,

How is it going? I'm sorry to know that you are having a hard time these days. Don't worry too much because it's common for most people to feel homesick and nervous when they leave home and come to a new place, especially a foreign country.

To fit in a new environment, it's a good idea to change some of your habits. For example,

try some local food. It's really delicious. If you feel lonely, you'd better make new friends. It will be quite easy for you to make friends with friendly Chinese. Joining some clubs is also a great way to reduce the stress of study and it will help you learn more about the local culture.

Wish you a wonderful time in Beijing.

Yours,

Li Hua

【口语训练】

I. 1. improving 2. confident 3. healthy 4. Praise 5. achieved 6. failure 7. believe

II. 略

Unit 4 The Wonders of Nature

学习引导

【基础落实】

I. 单词

1. 请根据中文写出英文,并标注英文单词的词性。

奇观;惊叹;琢磨;想知 道;感到诧异	wonder <i>n. / v.</i>	底部;最下部	bottom <i>n.</i>
在(……)下面;低于	below <i>prep. & adv.</i>	在(……)上方;高于	above <i>prep. & adv.</i>
水平;程度	level <i>n.</i>	池塘;水坑	pool <i>n.</i>
表面;表层	surface <i>n.</i>	海岸;海滨	coast <i>n.</i>
有危险的	risky <i>adj.</i>	包含;包括	include <i>v.</i>
特别的;不寻常的	unusual <i>adj.</i>	沙子	sand <i>n.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

development	发展;壮大 <i>n.</i>	death	死亡;毁灭;破灭 <i>n.</i>
survive	生存;存活;艰难度过 <i>v.</i>	changeable	可能变化的;易变的;常变的 <i>adj.</i>
northern	北部的;向北的 <i>adj.</i>	shoulder	肩膀;肩部 <i>n.</i>
desert	沙漠;荒原 <i>n.</i>	southern	南部的;向南的 <i>adj.</i>
condition	状态;环境 <i>n.</i>	natural	自然的;天然的;天生的 <i>adj.</i>
degree	度;度数;程度 <i>n.</i>	alive	活着;在世;有活力 <i>adj.</i>

3. 请根据要求写出所给单词的相应形式。

climber: climb (动词)

explorer: explore (动词)

traveller: travel (动词)

curious: curiosity (名词)

successful: successfully (副词)

simple: simply (副词)

change: changeable (形容词)

nature: natural (形容词)

II. 短语

请根据中文写出英文。

平方千米	square kilometre
一点一点地;逐渐地	bit by bit
冒生命危险	risk one's life
海平面	sea level
在尺寸/大小方面	in size
黄河	Yellow River
长江	Yangtze River
顺便说一下	by the way
和……一样	as well as...
立方米	cubic metre

巩固练习

Section A

【语音练习】

1. level 水平;高度;程度 2. surface 表面;表层 3. depth 深(度);纵深
4. bottom 底部;最下部 5. desert 沙漠;荒原

【词汇练习】

- I. 1. wonder 2. surface 3. depth 4. development 5. bottom
6. unusual 7. desert

- II. 1. waterfall 2. measurements 3. civilization

【语法练习】

- I. 1. D 2. B 3. C 4. A 5. C 6. C 7. B 8. A 9. C 10. B

- II. 1. warm 2. the hottest 3. harder 4. the most amazing 5. miles

- III. 1. the longest river 2. larger than 3. The deepest point 4. the biggest desert
5. unusual abilities; blind; as well as

【基础巩固】

- I. 1. How was 2. the farthest 3. the second longest 4. learning about
5. It's very important 6. ancient civilizations 7. mother river 8. at all costs

- II. 1. at 11,000 metres deep; shocks 2. below sea level 3. high
4. cubic metres of water 5. square kilometres

- III. 略

Section B

【词汇练习】

- I . 1. climber 2. survive 3. degree 4. risk
5. curious 6. coast 7. alive
- II . 1. one of the greatest wonders 2. the national flag
3. the deepest freshwater lake 4. be able to
5. above sea level 6. feel like
7. a strong body and a strong mind 8. deal with

【语法练习】

- I . 1. B 2. A 3. C 4. B 5. A 6. C 7. B 8. D 9. C 10. B
- II . 1. risky 2. wonders 3. tall 4. natural 5. to dive 6. Visiting
- III . 1. one of the world's most famous 2. To reach the bottom 3. After all
4. colourful fish 5. If you dive deeper 6. plants and animals

【基础巩固】

- I . 1. are able to touch the sky 2. survive the terrible conditions
3. changeable weather 4. determined to make the climb
5. even birds could not reach it 6. step on his shoulders
7. Bit by bit 8. for the first time 9. measure its height
10. climb the highest mountain 11. human curiosity and ambition
- II . 略

综合性任务

- I . 1. B 2. D 3. C 4. A 5. B 6. D 7. D 8. B 9. A 10. C
- II . 1. B 2. D 3. C 4. A
- III . 1. It was built during the Ming Dynasty.
2. The Forbidden City survived more than 200 earthquakes.
3. A traditional Chinese building technique.
4. Yes, I'd like to. Because I can learn about a traditional Chinese building technique and I can also experience its long history and rich culture. (答案不唯一)
- IV . Dear Peter,

I'm glad to know that you're coming to visit Beijing. As the capital city of China, Beijing has a large number of ancient and modern landmarks for you to visit. Let me share one with you and I think you must love it when you travel in Beijing.

Beijing National Stadium, the Bird's Nest, is located in the Olympic Park. It's one of the

most impressive buildings to host the 2008 Summer Olympic Games. The Bird's Nest has become a place to hold important sports events in. Being the best-loved public space in Beijing, it plays a necessary role in Chinese Olympic history. That's why I think it can be a landmark in Beijing.

I hope the above is helpful. Please feel free to ask me if you have any questions.

Yours,
Li Hua

【口语训练】

I . 1. 8:30 2. by 3. tickets 4. restaurant

5. jacket 6. boat

II . 略

Unit 5 Nature's Temper

学习引导

【基础落实】

I . 单词

1. 请根据中文写出英文,并标注英文单词的词性。

地震	earthquake <i>n.</i>	台风	typhoon <i>n.</i>
野火	wildfire <i>n.</i>	暴风雪	snowstorm <i>n.</i>
洪水	flood <i>n.</i>	旱灾	drought <i>n.</i>
海啸	tsunami <i>n.</i>	街区;临近的地方	neighbourhood <i>n.</i>
(睡觉)酣畅地	soundly <i>adv.</i>	拒绝;退却	refuse <i>v.</i>
尖叫	scream <i>v.</i>	英雄	hero <i>n.</i>
保护;捍卫	safeguard <i>v.</i>	救援	rescue <i>v. & n.</i>
劳动力;人力	manpower <i>n.</i>	志愿者	volunteer <i>n.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

temper	脾气;怒气 <i>n.</i>	warn	警告;提醒注意 <i>v.</i>
trouble	苦恼;困难 <i>n.</i> 使忧虑 <i>v.</i>	relative	亲戚;亲属 <i>n.</i>
truck	卡车 <i>n.</i>	thick	厚的;浓密的 <i>adj.</i>
beat	敲;打 <i>v.</i>	security	安全;保安;保障 <i>n.</i>
thankfully	幸亏;感激地 <i>adv.</i>	floodwater	洪水 <i>n.</i>
heartbeat	心跳(声) <i>n.</i>	review	复习 <i>v.</i> 回顾;审查 <i>n.</i>

3. 请根据要求写出所给单词的相应形式。

possible: possibly (副词)

suddenly: sudden (形容词)

thankful: thankfully (副词)

preparation: prepare (动词)

II. 短语

请根据中文写出英文。

做家务	do chores
作准备	make preparations
保安人员	security guard
(使)慢下来	slow down
一……就……	as soon as
闹钟	alarm clock
因此	as a result
(警报器等)发出响声	go off
突然;猛地	all of a sudden
到……的时候	by the time
上气不接下气	out of breath

巩固练习

Section A

【语音练习】

1. temper 脾气 2. drought 干旱;旱灾 3. hide 躲藏

4. firefighter 消防队员 5. volunteer 志愿者

【词汇练习】

I. 1. typhoon 2. drought 3. rescue 4. disaster 5. wind

II. 1. warned 2. safe 3. damaged 4. prepare 5. survive

【语法练习】

I. 1. C 2. D 3. B 4. B 5. A

II. 1. were walking; hit 2. was tidying; happened 3. were putting out

III. 1. were preparing 2. were not talking 3. was not sleeping; broke

4. to protect 5. quickly 6. to prepare 7. to follow

【基础巩固】

I. 1. during the typhoon 2. were driving home 3. got into an accident

4. looked awful 5. stored food and water

II. 1. pay close attention to 2. to deal/cope with

3. look for 4. standing close to 5. broke out

Ⅲ. 略

Section B

【词汇练习】

I . 1. tsunami 2. reminded 3. action 4. volunteers 5. damage

Ⅱ . 1. enjoy the beautiful weather 2. thick white froth 3. right away

4. between life and death 5. thanks to 6. survive a natural disaster

【语法练习】

I . 1. D 2. B 3. B 4. B 5. A 6. C 7. B

Ⅱ . 1. was walking 2. as soon as 3. has suffered 4. were; playing

Ⅲ . 1. were having 2. didn't forget 3. arrived 4. to learn 5. was watching; started

【基础巩固】

I . 1. were on holiday 2. were swimming in the sea 3. was forming

4. dangerous waves 5. refused to 6. shocked 7. possible

Ⅱ . 1. to learn 2. staying calm 3. warning 4. lost their homes 5. facing danger

Ⅲ. 略

综合性任务

I . 1. A 2. B 3. C 4. B 5. A 6. A 7. B 8. B 9. A 10. D

Ⅱ . 1. B 2. B 3. C 4. C 5. A

Ⅲ . 1. A powerful earthquake.

2. He quickly followed the teacher's instructions and got under his desk.

3. He immediately ran to tell the people in his neighborhood and helped an old lady who couldn't walk quickly to safety.

4. Because his quick thinking and kindness saved many lives.

IV. Last year, I heard a touching story about a teacher during an earthquake in a small town. When the shaking started, Mr. Zhang, a primary school teacher, was having a maths class. Instead of running out first, he told his students to hide under desks quickly. After the shaking stopped, he carried two scared younger students out one by one. When he was about to save the third, a wall began to fall. He pushed the student away, but his arm got hurt. Later, the student's parents thanked him many times. Mr. Zhang just said, "It's my job to protect the kids."

This story taught me that courage and responsibility matter a lot in disasters. Also, we should learn safety skills—they can help us protect ourselves and others when danger comes.

【口语训练】

I. 1. 2004 2. Thailand 3. waves 4. knowledge 5. courage

II. 略

Unit 6 Crossing Cultures

学习引导

【基础落实】

I. 单词

1. 请根据中文写出英文,并标注英文单词的词性。

与(某人)握手	shake <i>v.</i>	拳头	fist <i>n.</i>
脸颊	cheek <i>n.</i>	尴尬的	embarrassed <i>adj.</i>
不寻常的	uncommon <i>adj.</i>	叉子	fork <i>n.</i>
恰当的;正确的	proper <i>adj.</i>	肘	elbow <i>n.</i>
筷子	chopstick <i>n.</i>	私人的	private <i>adj.</i>
祝贺	congratulate <i>v.</i>	传统	tradition <i>n.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

rub	摩擦;揉 <i>v.</i>	confused	困惑的 <i>adj.</i>
formal	正式的 <i>adj.</i>	palm	手掌 <i>n.</i>
manner	方式 <i>n.</i>	unless	除非;如果不 <i>conj.</i>
cultural	文化的 <i>adj.</i>	custom	习俗 <i>n.</i>
sign-off	结束语 <i>n.</i>	false	错误的;不真实的 <i>adj.</i>

3. 请根据要求写出所给单词的相应形式。

confused: confuse (动词)

nice: nicely (副词)

embarrass: embarrassing/embarrassed (形容词)

impress: impression (名词)

II. 短语

请根据中文写出英文。

如此……以至于	so...that
坐直	sit up
习惯于	be/get used to
得到……消息	hear from
帮助很大	go a long way
再见(法语)	au revoir
四十多岁	in one's forties

巩固练习

Section A

【语音练习】

1. bow 鞠躬 2. proper 恰当的;正确的 3. manner 方式
4. chopstick 筷子 5. embarrassed 尴尬的

【词汇练习】

- I . 1. bow 2. customs 3. rude 4. hug 5. manners
II . 1. polite 2. understand 3. embarrassed 4. customs 5. celebrated

【语法练习】

- I . 1. A 2. A 3. A 4. B 5. B
II . 1. so interesting that 2. As soon as 3. unless; are invited 4. so nervous that 5. so that
III . 1. reached 2. touching 3. prepare 4. to learn 5. embarrassed

【基础巩固】

- I . 1. confusing 2. bring something 3. unless 4. to wait for
5. proper way 6. what everyone else does 7. delicious
II . 1. unless; learn about 2. show respect 3. proper gift/present
4. press their palms together 5. point at others
III . 略

Section B

【词汇练习】

- I . 1. exchange 2. greetings 3. respect 4. occasion 5. tradition
II . 1. cultural differences 2. table manners 3. show respect 4. attend a party 5. last but not least

【语法练习】

- I . 1. C 2. A 3. B 4. B 5. B 6. A 7. B
II . 1. cause trouble/problems 2. unless 3. so focused on; that 4. avoid using
III . 1. arrived 2. respect 3. hundreds 4. going 5. surprised

【基础巩固】

- I . 1. make some friends 2. embarrassing experiences 3. polite 4. surprised
5. dress for the occasion 6. personal questions 7. safe conversation topics 8. goes a long way
II . 1. a dinner party 2. normal; arriving too early 3. avoid; proper 4. take your order
III . 略

综合性任务

- I . 1. A 2. C 3. A 4. B 5. B 6. A 7. A 8. C

II. 1. A 2. B 3. C 4. D

III. 1. People use their right hand to eat and greet others.

2. He greeted them with a “Namaste” and pressed his palms together.

3. Because they had to eat with their right hands, which was difficult for them.

4. Learning about local customs can make travel more enjoyable.

IV. Dear Peter,

I'm excited you're coming to China for the cultural exchange! I'll tell you about Chinese table manners and prep tips briefly.

For table manners, always remember to wait for the elders to start eating before you pick up chopsticks. When using chopsticks, never stick them upright in the rice because it's considered impolite to do so. Also, if the host puts food on your plate, just say “thank you” politely.

For preparation, you can bring a small book about the UK culture to share during the exchange—it'll make conversations fun. Also, pack a light jacket, since the weather in China might be cooler than you expect this season. Finally, you can practise using chopsticks at home—you'll feel more confident when eating out!

I hope that you'll have a nice trip!

Yours,
Li Hua

【口语训练】

I. 1. Smiths 2. park 3. accept 4. right 5. tea 6. asking questions

II. 略

Unit 7 A Good Read

学习引导

【基础落实】

I. 单词

1. 请根据中文写出英文,并标注英文单词的词性。

攻击;进攻	attack <i>v. & n.</i>	社会;社团	society <i>n.</i>
历史的;有关历史的	historical <i>adj.</i>	文学的;文学上的	literary <i>adj.</i>
偷;窃取	steal <i>v.</i>	用锁锁上	lock <i>v.</i>
惩罚;处罚	punish <i>v.</i>	隐藏的;秘密的	hidden <i>adj.</i>
最近;不久前	recently <i>adv.</i>	敌人	enemy <i>n.</i>
推荐;建议	recommendation <i>n.</i>	介绍;序言	introduction <i>n.</i>

2. 请根据英文写出中文,并标注英文单词的词性。

adventure	冒险;冒险经历 <i>n.</i>	summary	总结;概要 <i>n.</i>
mystery	悬疑小说;神秘的事物;奥秘 <i>n.</i>	spoiled	宠坏的;娇惯坏的 <i>adj.</i>
fiction	小说 <i>n.</i>	selfish	自私的 <i>adj.</i>
detective	侦探 <i>n.</i>	climax	高潮 <i>n.</i>
base	以……为据点 <i>v.</i> 根基;基础 <i>n.</i>	librarian	图书管理员;图书馆馆长 <i>n.</i>

3. 请根据要求写出所给单词的相应形式。

history: historical (形容词)

lose: lost (形容词)

hide: hidden (形容词)

secret: secretly (副词)

sum: summary (名词)

recommend: recommendation (名词)

base: basic (形容词)

America: American (形容词)

II. 短语

请根据中文写出英文。

好的读物;好书	a good read
科幻小说	science fiction
迷路	get lost
听说;得知	hear of
以……为基础;以……为根据	base sth. on sth.
锁好(建筑物的)门	lock up
站起身来	get to one's feet
一天天;逐日	day by day
来得及;及时	in time

巩固练习

Section A

【语音练习】

1. nobody 没有人;谁也不 2. recommend 推荐;建议
3. naughty 淘气的 4. gentle 温柔的 5. destroy 破坏;摧毁

【词汇练习】

- I. 1. fantasies 2. punished 3. attack 4. society 5. force
6. stole 7. recently 8. recommended 9. literary 10. base

- II. 1. fiction 2. detective 3. adventure 4. alien 5. idiom 6. mystery

【语法练习】

- I. 1. A 2. B 3. C 4. B 5. D 6. C

II. 1. heard of 2. to steal 3. gets lost 4. Have; decided on

III. 1. based 2. reading 3. have taught 4. has grown; to reach 5. recommended

【基础巩固】

I. 1. have just finished 2. gets lost in a magical world

3. preferred; to 4. grows smaller 5. has forgotten 6. fantasy books

II. 1. to understand; Chinese idioms 2. is forced to steal things

3. read classic novels before 4. decided to read books 5. names of different countries

III. 略

Section B

【词汇练习】

I. 1. spoiled 2. summary 3. unlock 4. therefore 5. state

6. weak 7. secretly 8. prove 9. effect 10. climax

II. 1. a good read 2. science fiction 3. get lost 4. hear of 5. base sth. on sth.

6. lock up 7. get to one's feet 8. day by day 9. in time

【语法练习】

I. 1. C 2. B 3. C 4. A 5. D 6. C 7. B 8. A 9. B 10. D

II. 1. enemies' 2. caught 3. doubt 4. destroyed 5. recommend

III. 1. reminds; of 2. to do 3. consider; to be 4. experience many difficulties

5. prove; to be 6. nothing but 7. interesting 8. days

【基础巩固】

I. 1. spoiled and selfish 2. pass away 3. belonged to

4. locked it up 5. discovers the secret garden

6. in a bad state 7. tells her secret to a new friend

8. in a hidden room 9. gets to his feet 10. alive and beautiful

II. 略

综合性任务

I. 1. B 2. B 3. C 4. A 5. D 6. A 7. D 8. C 9. C 10. A

II. 1. B 2. A 3. D 4. C

III. 1. He is a teacher in China.

2. Because they learned that a lot of Jews came to live in Harbin many years ago.

3. He thinks it is not very hard to understand.

4. My Life and Studying History in China(答案不唯一)

IV. I have read 15 English books in my free time. I think reading is important in our life.

When I read for pleasure, I can learn English easily. I also find examples of good writing in English. I can learn new words and learn more about the English culture. Now I feel more interested in English and my English has improved a lot.

I think everyone should read more good books. We can get knowledge from reading. Besides, reading makes us smarter. The more we read, the more happiness we will find.

【口语训练】

- I . 1. started sailing 2. became the youngest person to sail across the Atlantic Ocean
3. At the age of 17 4. gives speeches at schools and youth clubs
5. Live the Dream

II . 略

Unit 8 Making a Difference

学习引导

【基础落实】

I . 单词

1. 请根据中文写出英文,并标注英文单词的词性。

参观者;来访者	visitor <i>n.</i>	年纪较大的;上了年纪的	elderly <i>adj.</i>
提供;给予	provide <i>v.</i>	军队	army <i>n.</i>
小学教育的;首要的	primary <i>adj.</i>	慈善机构;慈善事业	charity <i>n.</i>
女士;淑女	lady <i>n.</i>	先生;君子	gentleman <i>n.</i>
成年人	adult <i>n.</i>	团队合作	teamwork <i>n.</i>
重要作用;价值	value <i>n.</i>	值得;有价值	worth <i>adj.</i>
听众;观众	audience <i>n.</i>	(两人中)年纪较长的	elder <i>adj.</i>
口袋	pocket <i>n.</i>	努力;艰难的尝试	effort <i>n.</i>
女士;夫人	madam <i>n.</i>		

2. 请根据英文写出中文,并标注英文单词的词性。

stadium	体育馆;运动场 <i>n.</i>	cage	笼子 <i>n.</i>
shelter	庇护所;居所 <i>n.</i>	bark	(狗)吠叫 <i>v.</i>
life-saving	救命的;救生的 <i>adj.</i>	ordinary	平凡的;普通的 <i>adj.</i>

3. 请根据要求写出所给单词的相应形式。

organize: organization (名词)

own: owner (名词)

donate: donation (名词)

interview: interviewer (面试者,名词)

young: youth (名词)

act: active (形容词)

warm: warmly (副词)

miss: missing (形容词)

practice: practical (形容词)

success: successful (形容词)

volunteer: voluntary (形容词)

will: willing (形容词)

talented: talent (名词)

advertise: advertisement (名词)

II. 短语

请根据中文写出英文。

有作用	make a difference
老人	the elderly
赶快;跟着来	come along
分担工作;帮忙做	help out
报名	sign up
自从;自……以后	ever since
最主要的是	most of all
在忙碌中	on the go
需要帮助的;生活困难的	in need
分发	hand out
通晓;熟悉	familiar with

巩固练习

Section A

【语音练习】

1. elderly 年纪较大的;上了年纪的 2. provide 提供;给予 3. cage 笼子
4. youth 青年;青年时期 5. shelter 庇护所;居所 6. warmly 热情地;温暖地

【词汇练习】

- I. 1. organizations 2. provide 3. owner 4. donation 5. interviewer's
6. armies 7. primary 8. charity 9. youth 10. shelter
II. 1. active 2. shelter 3. warmly 4. stadium 5. elderly 6. visitor

【语法练习】

- I. 1. B 2. C 3. A 4. C 5. D 6. A 7. B 8. D
II. 1. clean up the stadium 2. guide visitors; provide information
3. have picked up 4. in poor condition 5. to share with
6. to give directions 7. have helped out
III. 1. to volunteer 2. care 3. youth 4. actually 5. fun 6. once 7. warmly

【基础巩固】

- I . 1. do some volunteer work 2. since last year 3. stay active
4. how to use a mobile phone 5. to care for
6. interesting life stories and experiences 7. come along

II . 略

Section B

【词汇练习】

- I . 1. ordinary 2. gentleman 3. bark 4. practical 5. value
6. audience 7. willing 8. success 9. effort 10. donated
- II . 1. make the audience curious 2. sign up with Blue Sky Rescue
3. ever since 4. provide medical aid 5. search for missing people
6. practical life-saving skills 7. on the go
8. donate pocket money 9. hand out food 10. stick to the goal

【语法练习】

- I . 1. D 2. B 3. A 4. C 5. C 6. D 7. D 8. A 9. C 10. B
- II . 1. Have; heard 2. to make the audience curious about
3. for inviting me to speak 4. so thankful that
5. what he has learned from 6. willing to put; in danger
7. To achieve success 8. to create a bright future
- III . 1. difference 2. barking 3. adults 4. practical
5. voluntary 6. to volunteer 7. medical

【基础巩固】

- I . 1. signed up with 2. have been to schools and other communities
3. have provided medical aid 4. practical life-saving skills
5. key to successful rescues 6. without food or sleep
7. rush into danger 8. their heroes 9. join us as a volunteer
10. make a difference
- II . 1. made a difference 2. guide visitors 3. drop us an email
4. organize weekly activities 5. encourage them to exercise

III . 略

综合性任务

- I . 1. A 2. D 3. B 4. D 5. C 6. A 7. D 8. C 9. B 10. A
- II . 1. B 2. B 3. A 4. C 5. D

III. 1. The young man.

2. Because he wanted to help the old man.

3. He bought some food for the poor.

4. Because the boy gave the food to the old man even though he was hungry himself and the old man shared the food with the boy saying that he couldn't finish the food himself. They cared about each other and spread kindness and warmth. (答案不唯一)

IV. *Dear Sir,*

I am Li Ming, a student from Class Five, Grade Eight. I want to join your volunteer group this summer vacation.

I'd like to visit an old people's home on Sundays and sing for them. I am a friendly boy with an interest in music, so it would make all of us happy.

Going to an animal hospital is also a good chance for me to put my love to good use. I will spend several hours working there every week. I believe I can not only help others, but also do what I enjoy by volunteering.

If you would like me to have this chance, please call me at 5555-8765.

Yours truly,

Li Ming

【口语训练】

I. 1. grass 2. leaves 3. most growing plants

4. fresh 5. growing 6. ripe 7. finished

8. the ability to grow plants well

9. unpleasant 10. someone has something he wants

II. I interviewed three students. Here are what they are going to volunteer to do. Lily is going to help take care of homeless dogs because she thinks we should be responsible for animals. John is going to volunteer to read for the old people because a lot of old people are lonely. Alice is going to teach English to students in the west because the students there are clever and eager to learn, but they don't have English teachers.