



On arriving there, we were divided into two groups. Some students dug holes. And the other students carried young trees and planted them. Finally, we watered them carefully, hoping that they would grow into big trees.

With all the work finished, we went back home, tired but very happy. What a meaningful day! Through the activity, we have a better understanding of the value of labour.

## Unit 2

### Lesson 1 自我检测

- I. 1. voice 2. X-ray 3. sore  
4. necessary 5. opposite
- II. 1. lying 2. broken 3. decorating  
4. careful 5. ladders
- III. 1. with tape 2. called an ambulance  
3. in case 4. on top of 5. don't think

### Lesson 2 自我检测

- I. 1. crowded 2. exit 3. towels  
4. wet 5. drills
- II. 1. first aid 2. In case of 3. As soon as  
4. in order 5. put out
- III. 1~5 CBDAC 6~10 ADBCB

### Lesson 3 自我检测

- I. 1. baseball 2. blood 3. pretty 4. pain  
5. careless
- II. 1. All of a sudden  
2. sticking out of  
3. in pain  
4. Thank goodness  
5. so; that

- III. 1. weren't having  
2. Was; reviewing  
3. was running  
4. When were  
5. What were; doing

### Lesson 4 自我检测

- I. 1. reporter 2. icy 3. wounds  
4. recovering 5. shocked
- II. 1. in shock 2. late for 3. in a hurry  
4. return to 5. shouting to
- III. 1. became 2. and 3. made 4. heavier  
5. means 6. hearing 7. a 8. safer  
9. for 10. calmly

### Lesson 5 写作专项

#### Protect ourselves, cherish our lives

Life is only once for everybody. It's important to cherish our lives. As students, what should we do?

First, we shouldn't eat out often. At home, we can make fresh meals with less oil and salt. Second, we shouldn't swim alone or swim in dangerous places. What's more, now there are more and more cars. So we must follow the traffic rules. We should walk on the zebra crossing when crossing the street. Besides, we should get on well with our classmates at school. Don't fight with them. If we really have trouble communicating with them, we can tell the problem to our teachers.

Safety comes first. So we must be careful at any moment.

### 单元测试卷

1~5 ACDDA 6~10 ABADB

11. safety 12. ourselves 13. tips

14. First 15. strangers 16. in 17. an

18. least 19. careful 20. quickly

21~23 DCA 24~26 BDC

27~30 BBCB 31~35 BDABC

36. We should leave the house at once.

37. Because the fire can grow more quickly if we open the door.

38. At school.

39. First, stop! Don't run! Second, drop! Fall to the floor. Then roll! Rolling over and over will make the fire go out.

40. Always be careful with the electricity.

(答案不唯一, 合理即可)

41. One possible version:

Dear teachers and students,

Today, I'm glad to give a speech about how to keep safe in our life. As far as we know, safety is the most important thing in our life. First, when we are at school, we can't run in the hallways and mustn't roughhouse with others. We should walk slowly on the right side instead of rushing when we go up and down the stairs. Second, on our way home, we should follow the traffic rules. Don't cross the street when the traffic light is red. When we ride a bike, we mustn't listen to music or just use one hand. Next, we should eat healthy food and keep away from junk food. Besides, don't swim

in the river. It's very dangerous.

In a word, safety must come first. Please remember these safety tips.

That's all. Thank you.

## Unit 3

### Lesson 1 自我检测

I. 1. sounds 2. refreshed 3. abilities  
4. cheered 5. Confidence

II. 1. at the age of 2. swimming  
3. stay in shape 4. overcome challenges

III. 1~5 ADCBC 6~10 BCBDA  
11~15 DBBDA

### Lesson 2 自我检测

I. 1. memory 2. joy 3. pace 4. since  
5. already

II. 1. gold medals 2. serves as  
3. hold a special place 4. such as  
5. give up

III. 1. Chinese (ping-pong) players./Chinese.  
2. For more than 50 years.  
3. To stick to their dreams.  
4. Because it helps them (to) relax./  
Because (playing) ping-pong helps  
them (to) relax./Because they can  
relax./Because it's relaxing./Because  
they want to relax.  
5. No./No, they don't. (答案不唯一, 合  
理即可)

### Lesson 3 自我检测

I. 1. coaches 2. Nowadays 3. hockey

4. influence 5. courage

II. 1. time after time 2. refer to

3. has a big influence on

4. cooperate with 5. feels proud of

III. 1~4 ABCB

### Lesson 4 自我检测

I. 1. encouragement 2. blamed

3. determination 4. shed 5. playing

II. 1. has a bad influence on

2. positive attitude 3. whether; or

4. No matter how tough 5. come across

III. 1. in 2. Players 3. but 4. first

5. the 6. winners 7. better 8. fairly

9. their 10. spread

### Lesson 5 以读促写

1. strong and healthy 2. relax myself

3. brave enough 4. take an active part in

5. the real fun

### 单元测试卷

1~5 CBDDA 6~10 BACDB

11. After 12. been 13. playing 14. a

15. met 16. national 17. boring 18. in

19. working 20. but

21~23 BAC 24~26 ACB

27~30 BBAC 31~35 DBDBB

36. In the day.

37. It's about sports and sleep.

38. Takes a walk outside.

39. Once or twice a day.

40. Their teachers.

41. One possible version:

### Doing sports

We do many sports in our school. We usually play basketball every day. And we can play football in our PE class. After class, we always take part in many sports, such as jumping the lines, running, playing ping-pong and so on.

Of all the sports, I like playing basketball best. I think I can learn many things from it. Playing basketball can teach me a lot of useful skills, as well as helping me to keep fit and healthy. I can know teamwork from it, too.

## Unit 4

### Lesson 1 自我检测

I. 1. download 2. likely 3. record

4. rule 5. mobile

II. 1. Remind; to; public places

2. makes sense

3. leave behind

4. play an important role

5. encourage; common good

III. 1. them 2. daily 3. warns 4. tells

5. third 6. to 7. a 8. photos

9. when/if 10. better

### Lesson 2 自我检测

I. 1. therefore 2. regulate 3. lane

4. signal 5. pedestrian

II. 1. according to

2. keep to the left

3. pay attention to

4. make a turn

5. hand signals

III. 1~4 BBDA

### Lesson 3 自我检测

I. 1. tests 2. somewhere 3. recognise

4. rude 5. distance

II. 1. depends on 2. in the hallway

3. cheat on tests 4. run around

5. find out

III. 1. are washed 2. are saved

3. be solved 4. was heard

5. has been finished by

### Lesson 4 自我检测

I. 1. hid 2. Nodding 3. boundaries

4. reading 5. dangerous

II. 1. shook his head 2. look away

3. step away from 4. warn; not to

5. nod off

III. 1~4 CDAD

### Lesson 5 写作专项

Dear parents/head teacher,

I'd like to tell you something about our family rules. I know you make the rules to help me, but I think we should make some changes to some of the rules.

On school nights, I can't watch TV or talk with my friends. Watching TV is relaxing and can help me to study better. So I think I can watch TV for half an hour if I can finish my homework. My friends can help me study, so I think I can ask my friends for help if I have some problems with my homework. I hope we can make

some good changes to our family rules.

Yours,

Bob

### 单元测试卷

1~5 ABAAB 6~10 DCACA

11. rules 12. But 13. best 14. relaxed

15. amazing 16. favourites 17. in

18. interesting 19. reading 20. their

21~23 BCA 24~26 CBC

27~30 CADC 31~35 DABBC

36. To improve students' health and reduce students' pressure.

37. No more than 90 minutes.

38. Develop good learning and life habits.

39. Four./4.

40. 答案不唯一, 合理即可。

41. One possible version:

#### Obeying school rules

Good morning, everyone!

I am very happy to be here to make a speech today. The topic of my speech is obeying school rules.

As we all know, school rules are important to schools as well as students. In order to be a good student, we should obey them. First, we should look up to our teachers and care for our classmates. When we meet our teachers, we should say hello to them. When our classmates are in trouble, we should try to help them. Second, we must listen to the teachers carefully in class. We must finish our homework on time. Third, we can't talk loudly in the teaching building

or reading room. Fourth, no matter where we go, we can't throw rubbish everywhere.

I think our school rules are strict but useful, because they can help us get into good habits. We should obey them strictly.

Thanks for your listening.

## Unit 5

### Lesson 1 自我检测

- I. 1. invention(s) 2. greatly 3. easily  
4. imagination 5. working
- II. 1. lit/lighted up 2. communicate with  
3. come from 4. came up with  
5. provides; with

III. 1~4 BBCC

### Lesson 2 自我检测

- I. 1. speed 2. compass 3. wheels  
4. power 5. spaceship
- II. 1. In fact 2. a symbol of 3. be able to  
4. makes; possible 5. such as
- III. 1. in 2. an 3. inventor 4. built  
5. first 6. him 7. but 8. played  
9. useful 10. keeps

### Lesson 3 自我检测

- I. 1. tools 2. application 3. printed  
4. spell 5. dictionary
- II. 1. was made 2. be cancelled  
3. was invented 4. is cleaned  
5. must be watered

III. 1~5 BACDA 6~10 DBBAB

### Lesson 4 自我检测

- I. 1. processed 2. millions 3. Pour

4. germ 5. Raw

- II. 1. went through 2. got sick  
3. a toast to 4. is famous for  
5. one of the strongest

III. 1~5 CCABD

### Lesson 5 以读促写

1. wood, stone or bamboo slips  
2. silk or sheepskin  
3. Cai Lun  
4. fishing nets  
5. in the year around 105  
6. more and more popular  
7. human civilization

### 单元测试卷

1~5 BADBB 6~10 ACBCC

11. In 12. developed 13. heavier 14. and  
15. needed 16. pollution 17. went  
18. uses 19. pleased 20. working

21~23 BCC 24~26 BBC

27~30 ACCB 31~35 ABCCD

36. A kind of stick pen.

37. Hunt.

38. He felt very sad.

39. Yes, he did.

40. He is creative. Because he invented the brush pen.

41. One possible version:

Nowadays, many students enjoy using the internet to study. Studying on the internet has many advantages.

Firstly, there are many learning resources on the internet. Secondly, it's very convenient

for students to search for the information they need. Thirdly, many websites provide students with lots of teaching videos. They are useful for students' study.

However, surfing the internet may cause a lot of problems. Some students are addicted to playing computer games. What's more, some students spend most of their time chatting on the internet. They may have trouble getting on well with others.

In my opinion, students should use the internet properly. It's better to regard the internet as a good helper in our study. Don't let the internet control our lives.

## Unit 6

### Lesson 1 自我检测

- I. 1. familiar 2. inspiration 3. moral  
4. quarter 5. literature
- II. 1. so far 2. is rich in 3. heard of  
4. fairy tales 5. discuss; with
- III. 1~3 ACD

### Lesson 2 自我检测

- I. 1. axes 2. silver 3. Suddenly  
4. woodcutter 5. honesty
- II. 1. once again 2. makes/earns a living by  
3. felt sorry for 4. none of  
5. be happy with/about
- III. 1~5 ADABC 6~10 ABDAD

### Lesson 3 自我检测

- I. 1. At last 2. got mad 3. put up

4. musician 5. turned to

### II. 1. kept; away

2. in a deep voice; ran away  
3. Once upon a time  
4. is; filled with  
5. is covered with

### III. 1. went 2. while/when 3. into

4. sadly 5. a 6. dropping  
7. meaningless 8. thousands  
9. carrying 10. tries

### Lesson 4 自我检测

- I. 1. bowed 2. weighs 3. tunes  
4. to visit 5. creative

### II. 1. encourages; to be

2. A small number of  
3. Instead of  
4. At first  
5. In; try writing

### III. 1~5 CADBA

### Lesson 5 写作专项

#### The famous rabbit-tortoise race

We all know that the rabbit lost the first race against the tortoise. After that the rabbit decided to have a second race. This time he didn't sleep. Since he was good at running, he won the race. However, the tortoise didn't give up. He had a third race with the rabbit. There was a river on the way. The tortoise swam across it quickly and won. The story does not end here. In the last race, they took turns to put each other on the back and

reached the finishing line together.

From the story I have learned with teamwork all of us can achieve success.

### 单元测试卷

1~5 ABDAB 6~10 CADCD

11. artists 12. easily 13. looked  
14. third 15. to 16. his 17. enjoying  
18. However 19. Finally 20. interested

21~23 BAD 24~26 BDB

27~30 CDAC 31~35 BBDDC

36. Because his family was very poor. He couldn't afford to buy books.

37. A lot of very valuable books.

38. Three days.

39. Very important.

40. Yes, I do. Because I want to get knowledge and improve myself. (答案不唯一,合理即可)

41. One possible version:

#### Sima Guang hit the tank

Once Sima Guang was playing hide-and-seek with several children in the backyard. There was a large water tank in the yard. It was full of water. When they were playing, one child accidentally fell into the tank.

Other children were so frightened that they started to cry, running for help. However, Sima Guang was different. He thought it over and then had an idea. He picked up a big stone and threw it at the water tank. "Bang!" The tank broke and the water ran out. The child was saved.

Do you like the story? What do you think of Sima Guang?

## Unit 7

### Lesson 1 自我检测

I. 1. coin 2. digital 3. Dynasty  
4. stamps 5. bedroom

II. 1. Later on

2. in the shape of

3. start with

4. a good/great way to

5. Thank you for

III. 1. Shells, rice, salt or large stones.

2. Because they were easier to carry than goods.

3. China.

4. In the 1600s.

5. Coins, paper money, credit cards and cellphones.

### Lesson 2 自我检测

I. 1. scientific 2. earning 3. husband  
4. donation

II. 1. is made up of

2. female paratrooper

3. medical prescription

4. military uniforms

5. patent transfer

III. 1. turned 2. wisely 3. a 4. watches

5. when 6. saved 7. choice 8. giving

9. with 10. teaches

### Lesson 3 自我检测

I. 1. are grateful for 2. wisely 3. achieved

4. exchange 5. responsibly

II. 1. who 2. that 3. which

4. which/that 5. that

III. 1~5 CABAB 6~10 BABAC

#### Lesson 4 自我检测

I. 1. patiently 2. manages 3. to win

4. decision 5. disappointed

II. 1. On the other hand 2. on sale

3. between; and 4. don't think

III. 1~3 ADB

#### Lesson 5 以读促写

1. life skills 2. eight/8 3. in a wise way

4. selling the paper boxes

5. planning

#### 单元测试卷

1~5 BCABD 6~10 ACDBA

11. a 12. First 13. shown 14. different

15. asked 16. to 17. telling 18. sending

19. brighter 20. hours

21~23 BBC 24~26 CAD

27~30 DDBC 31~35 ACDBB

36. On August 30, 2019.

37. China.

38. Because it is cheaper to make and easier to carry.

39. No, it may not be safe enough.

40. Some information about paper money./  
Paper money won't be replaced by the electronic payment in the near future.

41. One possible version:

I'd like to share how I manage my pocket money every month. To use my pocket

money properly, I divide it into three parts.

I spend 50% of the money on books, pens and crayons. They are necessary for my study and hobby. Besides, I plan to travel to Xi'an this summer holiday, so I save about 30% every month to pay for the plane tickets and the hotel. Finally, I use 20% to help sick children get better medical aid. I believe every little bit of love will be helpful.

Managing money is important to me. It's not just about spending and saving. It's about how I can use money to make a better life for myself and others.

## Unit 8

#### Lesson 1 自我检测

I. 1. disaster 2. lightning 3. earthquake  
4. throat 5. shut

II. 1. preparing for 2. when it comes to  
3. stay calm 4. protect; from

III. 1~3 BCD

#### Lesson 2 自我检测

I. 1. close to 2. anytime 3. occur  
4. rapidly 5. survival

II. 1. keep an eye out for 2. pulled over  
3. bring down 4. plenty of  
5. as soon as possible

III. 1~3 ACD

#### Lesson 3 自我检测

I. 1. secondary 2. landslide 3. destruction  
4. tsunami 5. explosion

II. 1. half an hour 2. less than

3. deal with/do with 4. take action  
5. lead to

- III. 1. moved 2. biggest 3. years 4. but  
5. an 6. experienced 7. with  
8. useful 9. difference 10. lives

#### Lesson 4 自我检测

- I. 1. successfully 2. badly 3. damaged  
4. overflowed 5. natural

- II. 1. reach up to 2. cool down  
3. fight against 4. amounts of  
5. millions of

- III. 1~5 BABAD

#### Lesson 5 写作专项

Every summer rainstorms attack some places in China and cause floods in many areas. One of my relatives, 27 years old, wanted to go fishing near a lake where there were lots of fish coming out of the water during the rainstorm. However, he was washed into the lake by the flood and lost his life.

We should protect ourselves during the bad weather. First, try not to go outside during the rainstorm. Second, choose the big heavy transport like buses instead of bikes or motorbikes. Hope we will keep ourselves safe in the terrible weather.

#### 单元测试卷

- 1~5 ADBAB 6~10 DBDCC

11. walked 12. different 13. thinking  
14. a 15. natural 16. caused 17. less  
18. easily 19. her 20. watched

- 21~23 BCA 24~26 CAC  
27~30 DBCA 31~35 CABCD

36. In Australia.  
37. It's hot and windy.  
38. It was 44°C.  
39. They have killed lots of animals./ They have killed many animals.  
40. By listening to the radio./ They listen to the radio.  
41. One possible version:

In recent years, there have been many natural disasters caused by human activities, such as floods, earthquakes, forest fires, sandstorms and so on.

When there is a flood, we should get to high ground and make sure not to walk through the flood water. If an earthquake happens, we can hide under a strong desk and stay away from a window. If a fire happens, we can use a wet towel to cover our mouth and nose and stay low to the ground. Of course, we should take action to prevent future disasters. We can plant more trees and protect wild animals. We can also share some related information with others.

Hope we can have a better world in the future.

#### 期末测试卷

- 1~5 AABBA 6~9 CABC 10~13 CCAB  
14~16 ACA 17~20 CAAC

21~25 DBCAC 26~30 CADBB

31. throws 32. successfully

33. largest 34. the 35. met 36. well

37. But 38. choice 39. on 40. first

41~43 ACD 44~46 DBB 47~50 DBCC

51~55 BCCDA

56. Shennong.

57. The advanced melting technology.

58. She always cut her fingers.

59. In 1947.

60. I think microwave ovens are the most important, because they make our daily life easier. (答案不唯一, 合理即可)

61. One possible version:

Dear Editor,

I'm a student from Hebei. November 9 is National Fire Prevention Day in China. Our city did a lot to help people know more about firefighting. Some movies about firefighting were played online. People in our city learned how to put out fires in different ways and how to escape from a building on fire. This activity lasted for a month.

In my opinion, this activity is very helpful. It tells people how to use fire in a right way. It also tells people to pay attention to safety and respect life.

Yours,

Li Hua

### 听力原文

第一节 听句子, 选择最佳答语。

No. 1. How do you like the internet?

No. 2. The dangerous work will be done with the help of robots.

No. 3. What type of literature do you like?

No. 4. Do you know the history of the paper money?

No. 5. Who will go to the countryside with you?

第二节 听对话和问题, 选择正确答案。

请听第一组对话, 回答第6题。

W: We are all living things. Animals are our friends. We all depend on each other.

M: I agree with you. My grandpa keeps birds. They are lovely. I like them very much. Do you like animals?

W: Sure. I like bees. They are small but hard-working. They give us a lot.

Q6: What animals does the girl like?

请听第二组对话, 回答第7~9题。

M: Hello, Mary. A sunny and warm day, isn't it?

W: Yes, it is a wonderful day! It is not cold anymore.

M: I really want some outdoor exercise today.

W: How about taking a walk in the park?

M: That's fine. But I want to go to the countryside. The air there is fresher.

W: I agree. Maybe we can ride our bikes there.

M: Oh! It's too far. We'd better take a bus and then we can have a picnic there.

W: All right. Sounds like a great idea.

Q7: What is the weather like today?

Q8: Where will they go?

Q9: How will they go there?

请听第三组对话，回答第 10~13 题。

M: Excuse me, madam. Do you need any help?

W: Yes. I have trouble using this machine. Could you tell me how to use it?

M: Certainly. First, put a note into the machine. Then, choose the station where you will get off. Finally, the ticket machine will give you the change by itself.

W: Thank you. Let me have a try.

M: Which station are you going to?

W: The Art Museum Station. My friend is waiting for me there.

M: OK, you've made it! Remember to get on Line 3 to the south.

W: OK. How often do the trains come?

M: Every five minutes.

W: How far is the station from here?

M: Five stations from here.

W: OK, I got it. Thanks for your help.

M: You're welcome.

Q10: What's the relationship between the speakers?

Q11: What's wrong with the woman?

Q12: Where is the woman going to meet her friend?

Q13: How often do the trains come?

第三节 听短文和问题，选择正确答案。

请听第一篇短文，回答第 14~16 题。

I've recently made a survey among 30 boys and 30 girls in our school about what they like doing on the internet. What the boys like most is playing online games, and chatting is the girls' favourite. Both boys and girls like reading news and sending emails through the internet. Maybe they think it's the fastest and easiest way to get information or keep in touch with their friends. Only one fifth of the students use the internet as a tool to study. So we should let students know how to use the internet correctly.

Q14: How many students were asked in the survey?

Q15: What do girls like doing best on the internet?

Q16: What do one-fifth of the students use the internet for?

请听第二篇短文，回答第 17~20 题。

In today's programme, I'm going to tell you something about George Dawson and his book. George Dawson wrote a book called *Life Is So Good*. The book is full of stories from George's life. George wrote it in 1998 when he was 100 years old. The most amazing part is that George learned to read just two years before he wrote the book. When George was 8, his father sent him to work. Life was hard for the poor American family. Food became more important than

school. When George was 98, he heard about adult classes near his home. He still had a dream that he would learn to read. He went to class. His teacher helped him, and in two years he wrote his book. From George Dawson's life story, we can see it is never

too old to learn.

Q17: Who sent George to work when he was 8 years old?

Q18: When did George learn to read?

Q19: Where were the adult classes?

Q20: What is George's book about?