

Unit 1 What's on your plate?

Get ready

- 1 a 2 i 3 e 4 h 5 b 6 g 7 j
8 c 9 k 10 f 11 d

Start up

1 D - A - B - F - G - E - C

2 1 Don't 2 should 3 should 4 Don't

Speed up

1 1 x 2 √ 3 √ 4 x 5 √

2 1 breakfast 2 sleepy 3 should 4 fast 5 healthy

Fuel up

1 Look out of the window!
It's starting to snow.
The cold wind blows.
Let's walk down the road.

I wear my yellow coat.
There's a boat on the lake,
And a goat in the field.
Let's keep walking down the road.

2 略。

3 ① D ② E ③ A ④ B ⑤ C

听力原文：

- ① Huahua, you should eat some eggs for breakfast.
- ② Leilei, you should eat some vegetables.
- ③ May, don't drink too much cola.
- ④ Sally, you should eat more fish.
- ⑤ Li Ming, don't eat too many candies. They're bad for your teeth.

4 ① C ② A ③ D ④ E ⑤ B

Writing

- ① eat too many chips
choose healthy snacks
- ② eat just a few biscuits
have a good breakfast
- ③ drink a lot of juice
try water or milk
- ④ only eat meat
eat some vegetables

同步测评

听力理解

1 ① √ ② × ③ × ④ × ⑤ √

听力原文:

- ① I often have bread and milk for breakfast.
- ② He eats too much for dinner.
- ③ These are healthy snacks.
- ④ You should drink more water.
- ⑤ You should eat some fruit every day.

② ① A ② A ③ B ④ B ⑤ A

听力原文:

- ① **Boy:** Mary, what do you often have for dinner?
Girl: I often have vegetable salad.
- ② **Boy:** Jenny, do you eat fruit every day?
Girl: Yes, I do! I eat three kinds of fruit every day.
- ③ **Girl:** Jack, are you OK?
Boy: I eat too much for lunch. I am sleepy now.
- ④ **Girl:** There's so much food! What do you want?
Boy: I want some bread first.
- ⑤ **Mum:** What do you want for lunch, Billy?
Boy: I'm very hungry after the football game, Mum.
Can we have some rice?
Mum: OK.

③ ① Jack ② Susan ③ Jane ④ Chris ⑤ Kevin

听力原文:

Jack and his friends are having a picnic in the park. There are lots of yummy foods. Jack is eating a beef burger because he really likes it. Susan is also eating

a burger and she likes to drink juice. Her sister, Jane, is drinking milk. It's her favourite drink. Chris is eating an apple. His twin brother, Kevin, is not eating now because he is already full. He is giving food to his pet dog, Becky. They are all having a wonderful time!

阅读理解

1 1 B 2 B 3 A 4 C 5 A

2 1 x 2 x 3 x 4 x 5 √

3 1 chocolate
2 vegetables
3 fruit
4 Cola
5 water

4 1 A 2 B 3 A 4 C 5 C

Unit 2 A green life

Get ready

- 1 B 2 H 3 D 4 E 5 A
6 I 7 C 8 F 9 G

Start up

- 1 1 A 2 C 3 B 4 E 5 D
2 1 throw 2 keep 3 to 4 inside 5 nice

Speed up

- 1 1 C 2 A 3 E 4 B 5 D
2 1 B 2 A 3 A 4 B 5 A

Fuel up

- 1 Plastics everywhere, we often see,
In bags and cups, by the sea,
On tables, where we eat and meet,
Bad for the earth, from land to deep.
The earth needs help, from you and me,
Let's team up and set it free,
Making places bright and clean,
A better world, for all to dream.

- 2 略。

3 3 - 4 - 5 - 1 - 2 - 6

听力原文:

- 1 Girl: Look, what does the poster mean?
Boy: The pictures are telling us to use less plastic bags.
We should use our own bags.
- 2 Boy: Let's put the water bottles into the recycling box.
Girl: Sure.
- 3 Girl: Mum, these books look different.
Mum: Yes. They're made from used paper.
- 4 Boy: Sir, can we recycle milk boxes?
Man: Yes! Recycling milk boxes helps protect the earth.
- 5 Boy: Lin, what are you doing?
Girl: I'm making a three Rs poster with some used paper.
- 6 Boy: Mum, these plastic lunch boxes are bad for the land and sea.
Mum: Good boy. Let's start from us to bring our own lunch boxes.

4 1 B 2 C 3 A 4 D 5 E

5 任务一: 1 A 2 B 3 A 4 C
任务二: 1 x 2 √

Writing

- 1 1 clothes
2 plastic bags
3 plastic bottles
4 milk box
5 food waste

- 2 ① on 22 April every year
② people learn about
③ easy in just three steps
④ bring our own water bottles
⑤ can make use of it
⑥ use old paper for art homework

同步测评

听力理解

- 1 ① √ ② × ③ √ ④ × ⑤ √

听力原文：

- ① Hi, can you give me those juice boxes?
② Winter is coming, so we make this house for birds.
③ We use a lot of milk boxes every year!
④ Don't throw the plastic bag away!
⑤ We use food waste for plants in the little garden.

- 2 ① A ② B ③ B ④ A ⑤ B

听力原文：

- ① **Boy A:** Let's throw away these newspapers.
They're old.
Boy B: Don't do that! Let's recycle them.
② **Girl:** How do you cut down plastic use at school?
Boy: We should bring our own lunch boxes.
③ **Boy:** The dog makes my clothes dirty.
Girl: Don't worry. Let's wash it.

- ④ **Girl:** Mum, what are you doing?
Mum: Winter is coming, so I make a house for birds.
- ⑤ **Girl:** Dad, are you going to use this box again?
Dad: Yes. We can use this box to keep the plastic bottles.

- ③ ① Sarah ② Winnie ③ Jacky
 ④ Andy ⑤ Penny

听力原文:

Students are talking about how to make their school greener. Sarah says, "We need special bins to help us keep rubbish." Jacky says, "Use less paper to save trees." Winnie says, "Let's use our textbooks and exercise books again." Andy says, "We need to plant more trees at school." Danny adds, "And more flowers, too." Penny says, "We should remember to turn off the lights when we leave the classroom."

阅读理解

- ① ① C ② A ③ B ④ A ⑤ C
- ② ① C ② E ③ B ④ A ⑤ D
- ③ ① reuse ② reduce ③ recycle
 ④ each ⑤ start
- ④ ① wash
 ② Cut
 ③ Paint
 ④ flowers
 ⑤ bird house

Unit 3 Happy together

Get ready

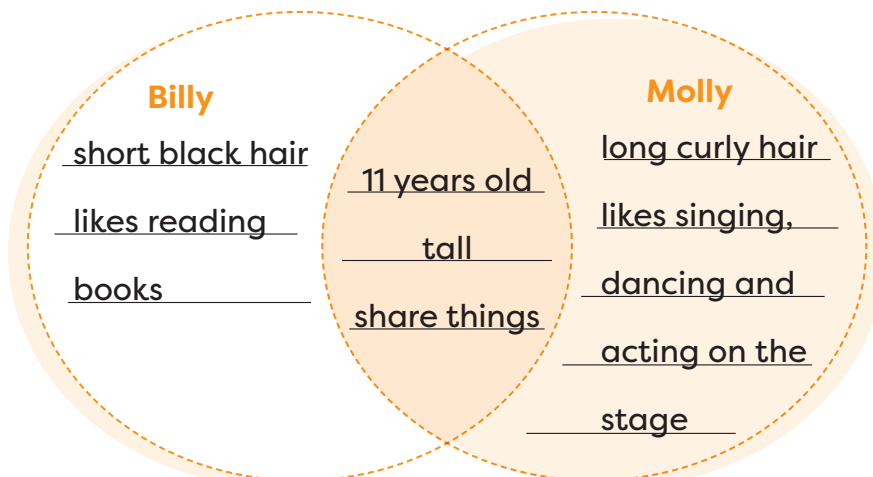
- ① E ② D ③ F ④ B ⑤ C ⑥ A

Start up

- ① ① right ② friends ③ back ④ joy ⑤ care
- ② ① best ② play football ③ two other boys
④ unhappy ⑤ miss ⑥ new friends
⑦ both ⑧ three best friends
- ③ 略。

Speed up

- ① ① D ② E ③ A ④ C ⑤ B
- ② ① B ② A ③ C
- ③ ① both ② share ③ differences
④ hobby ⑤ friendship



Fuel up

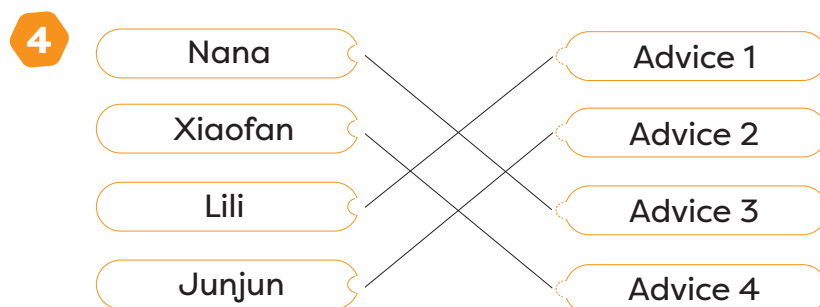
- 1 Mathew is a cook.
Fresh and new.
He cooks a beef stew.
Whew!
But the carrots are too few.
His nephew cries, "Boo hoo!"
Whew!

2 略。

3 1 √ 2 √ 3 × 4 × 5 √ 6 ×

听力原文：

- 1 We both like seeing films.
- 2 The mother elephant is taking care of her baby.
- 3 Susan doesn't like listening to music, so she walks away.
- 4 They look worried because they can't find their pet rabbit.
- 5 Friends should talk openly with each other.
- 6 The boy has a problem and he asks his friend for help.



Writing

1 1 funny 2 unhappy 3 problem 4 parents 5 share

2 (无先后顺序)

- 1 similar 2 between 3 solve 4 argue 5 musical
6 fight 7 openly 8 difference 9 plan 10 key

同步测评

听力理解

- 1 1 × 2 √ 3 √ 4 × 5 ×

听力原文:

- 1 Mabel is dancing on the stage, and her friends are happy for her.
- 2 Coco is musical and she is good at playing the piano.
- 3 David feels sick today. His sister is looking after him.
- 4 Xiaojun likes to help his friends with sports.
- 5 Lucy and Jenny have the same hobby, and they are good friends.

- 2 1 C 2 C 3 B 4 A 5 B

听力原文:

- 1 **Girl:** Jimmy, you look sad. What's wrong?
Boy: It's my friend Mike. He always takes away my things and doesn't ask me first.
Girl: Just talk to him openly and friendly. He can understand your feelings.
- 2 **Girl:** Who's your best friend, Bob?
Boy: Ben is my best friend. He is tall with short hair, and he wears a pair of glasses.

- ③ **Girl:** Beibei, what do you want to do?
Boy: I want to finish my homework. But Maomao wants to play football with me.
- ④ **Girl:** Do you and your friends have the same hobby?
Boy: Yes. We all like singing. What about you, Sue?
Girl: My friends and I enjoy taking pictures. We often share our pictures with each other.
- ⑤ **Boy:** Jiaojiao, what do you often do after school?
Girl: I often read books, watch TV and play ping-pong. What about you, Danny?
Boy: I like playing ping-pong, too.
Girl: Great! We can play together.

③ ① Tommy ② David ③ Xiaofei ④ Lili ⑤ Max

听力原文:

Tommy and his friends have different plans for the weekend. Tommy wants to go to a fruit farm and pick some apples. Xiaofei plans to go swimming. Swimming is his favourite sport. David decides to draw a picture in the park. He is very good at drawing. Max wants to stay at home because his grandpa is ill. He needs to take care of him. Lili decides to help her mum do chores.

阅读理解

① ① A ② C ③ A ④ C ⑤ B

- ② ① Beijing
 ② Meimei
 ③ 10 / ten years old
 ④ like dancing

5 They never argue with each other. They talk openly. They try to share their ideas and understand each other.

3 1 B 2 C 3 A 4 B 5 B

4 1 A 2 B 3 B 4 C 5 略。

Unit 4 A better me

Get ready



1 F 2 D 3 E 4 A 5 B 6 C

Start up

1 ① C ② B ③ A ④ D

- 2 ① am going to
② is going to
③ am not going to
④ is not going to
⑤ are going to

Speed up

1 ① B ② A ③ B ④ B ⑤ A

2 2 - 3 - 1 - 5 - 6 - 4

3 ① √ ② √ ④ √ ⑤ √ ⑧ √

Fuel up

- 1 Kay is outside on a rainy day.
“Let’s make some magic,” she says. “Hooray!”
With crayons in hand, she starts to play,
Making the sky bright.
Rain, rain, go far away.
The friends will have fun all day.

2 略。

3 2 - 3 - 1 - 5 - 4

听力原文:

- ① **Boy:** It's the Art Club Day today. What are you going to do?
Girl: We're going to paint in a park.
Boy: It is interesting to paint in the open air.
- ② **Boy:** What's up?
Girl: We have a football game today, but we lose... And I miss a few shots.
Boy: Don't worry. You are a new player.
Girl: I'm going to practise more. I want to win in the next game.
- ③ **Girl:** Hi, Bob. Will you join the swimming club this year?
Boy: No. I want to try something new. I'm going to join a dance club this month.
Girl: That's amazing.
- ④ **Mum:** What are you going to do this afternoon, Jane?
Girl: I'm going to read a new book by my favourite writer. His stories are not easy to understand, but this one is really interesting. I can't wait to find out the ending of the book.
- ⑤ **Girl:** Where is Jenny, Michael? Is she going to the sports centre?
Boy: No. She is going to practise ping-pong with her friend on the playground.

④ ① C ② D ③ B ④ E ⑤ A

Writing

- ① read 20 books
- ② have a test tomorrow
- ③ try swimming
- ④ My school is going to have a girls' basketball team
- ⑤ I'm going to work hard
- ⑥ I'm going to ask our teacher for help

同步测评

听力理解

- ① ① × ② √ ③ × ④ × ⑤ √

听力原文:

- ① Lucy is going to join a basketball team.
- ② Fruit is healthy for your body.
- ③ The girl always keeps her room tidy and clean.
- ④ Kevin wants to make more friends. He is writing a letter to his new pen friend.
- ⑤ Rosie works hard at school and she does a good job in today's test.

- ② ① A ② A ③ B ④ B ⑤ A

听力原文:

- ① **Boy:** Mum, can I have a new basketball? My old one is broken.
Mum: But we just bought it one month ago.

Boy: Yes. I want to learn more basketball moves, and I practise at school every day.

Mum: OK.

2 Grandma: Are you going to do your homework, Sofia?

Sofia: No, Grandma. I'm going to write my diary. I make a few new friends at the rock climbing club. I want to write about them.

3 Boy: Good news, Dad! I am the second in today's 50-metre run.

Dad: Congratulations! I'm so proud of you.

Boy: Thanks, Dad. I'm going to keep running. I want to be the first next time.

Dad: You can make it.

4 Nana: Would you like to go to the library with me this Saturday afternoon, Lucy?

Lucy: Sure.

Nana: I want to borrow some books by a famous writer.

Lucy: Who is he, Nana?

Nana: When he is young, he cuts a word into his desk to tell himself not to be late for school. Do you know who he is?

Lucy: Of course. Haha!

5 Sam: Hey, Betty. Which club are you going to join this year? Do you want to try something new?

Betty: Yes, I'm thinking about the gardening club.

Sam: Sounds interesting!

Betty: Yes, they grow plants and learn about nature. I think it's cool.

- 3 1 Bella 2 Judy 3 David
4 Marvin 5 Peter

听力原文：

Hello, everyone. My name is Bella. My friends and I have a New Year party on 31 December. We all make wishes for the coming new year. We set new goals to try different things. I want to learn to ride a bike. David wants to learn to play ping-pong. Judy hopes to learn to cook. Marvin is going to swim. Peter wants to keep a pet dog. These goals will make us better and bring more fun to our lives.

阅读理解

- 1 1 B 2 A 3 C 4 B 5 A

- 2 1 √ 2 × 3 × 4 √ 5 ×

- 3 1 have to 2 want to
3 help 4 am going to
5 make it

- 4 1 B 2 C 3 A 4 A 5 C

Unit 5 Look into the future

Get ready

① C ② E ③ D ④ A ⑤ F ⑥ B

Start up

① ① B ② E ③ D ④ A ⑤ C

② ① will have ② will listen ③ will read
④ will buy ⑤ will make ⑥ will stay

Speed up

① ① A D E ② B C F

② ① will be ② around ③ will take ④ clean

Fuel up

① With the stars so bright,
And the moon up high,
There's a little magpie,
Flying in the sky.
She is singing happily,
In the good, good night.
“I can see the world,
From a great, great height (高度).”

2 略。

3 1 √ 2 × 3 × 4 √ 5 √ 6 ×

听力原文：

- 1 –Will this robot play football with us?
–Yes, it will.
- 2 –Will you go to the restaurant?
–No, I won't. I'll eat at home. My robot cook will make my favourite food.
- 3 I like this flying car model. It feels like a real one.
- 4 –What will people eat in the future?
–They will take a pill for food, I guess.
- 5 –What chores will your robot do?
–It will help me wash dishes.
- 6 –How will people of a city under the sea go up to the land?
–They will go up in a special glass box.

4 1 D 2 A 3 B 4 E 5 C

Writing

- 1 There will be many flowers
- 2 What will you do, will be
- 3 Will it do, won't
- 4 will buy
- 5 Will you go

同步测评

听力理解

- ① ① √ ② × ③ √ ④ √ ⑤ ×

听力原文:

- ① I love eating apple pies.
- ② She will be a Chinese teacher.
- ③ Let's use 3-D printing to make fries.
- ④ The car is flying in the sky.
- ⑤ Ouch! This pet dog hits me on my leg! I don't like it!

- ② ① B ② A ③ A ④ B ⑤ B

听力原文:

- ① Boy: Do you have a pet?
Girl: Yes, I have two cats and a dog.
- ② Girl: Where will people live in the future?
Boy: I think it will be better to live on Mars.
- ③ Boy: I'm ill. I feel bad now.
Girl: You need to take a pill and have some rest.
- ④ Girl: What will you be in the future?
Boy: I will be a subway driver.
- ⑤ Boy: Will we grow food in space?
Girl: Yes, we will use water and light to help plants grow.

- 3 1 Zhang Li 2 Mary 3 Karl
4 Mike 5 Jingjing

听力原文：

Hello, I'm Zhang Li. My friends and I are talking about the future city. We will live in different places and travel in very fast trains. Mary and I will live in a big tree house. We will climb up the tree. Mary will wear a pair of magic glasses. Her pet, Douglas, will live with us. Karl will live in a candy house. He will get food from the walls of the house. Mike will live in a house with many balloons. He will fly to any place. And Jingjing? She will be a train driver and will live in a house like a train. Where will you live in the future?

阅读理解

- 1 1 B 2 A 3 B 4 A 5 C
2 1 √ 2 × 3 √ 4 × 5 ×
3 1 Mars 2 hits 3 but 4 grow 5 home
4 1 B 2 A 3 B 4 B 5 A

Unit 6 Enjoy the festivals

Get ready

① C ② A ③ B ④ F ⑤ D ⑥ E

Start up

① ① B ② E ③ D ④ C ⑤ A

② ① B ② A ③ A ④ B ⑤ B

Speed up

① 4 - 2 - 1 - 6 - 5 - 3

- ② ① Christmas tree
② forest
③ cut down
④ need
⑤ love

Fuel up

① The Lantern Festival is here,
Our family and friends bring us cheer.
We put up lanterns, lights and balloons.
We cook good food,
And enjoy the sweet *tangyuan* with our spoons.
Look, look,
The moon is shining bright.
Let's make wishes,
And celebrate it tonight!

2 略。

3 2 - 6 - 1 - 3 - 5 - 4

听力原文：

- 1 —What are you going to do on New Year's Eve?
—We're going to have a party. We'll put up balloons and lights.
- 2 —Mum, I want to help!
—OK, Josh! Will you put up the star on top of the Christmas tree?
- 3 —This Mid-Autumn Festival, I'm going to visit my grandparents.
—Will you have a big dinner?
—Of course! And we are going to eat the mooncakes and watch the moon in the yard.
- 4 —What are you going to make?
—We're going to make vegetable dumplings for the Spring Festival.
—Will you eat them for dinner tonight?
—Yes, of course!
- 5 —It's almost midnight, Maria. Get twelve grapes in a bowl.
—Why do we eat twelve grapes at midnight, Grandpa?
—Twelve grapes are for the twelve months of the New Year. We eat grapes to wish for a sweet and lucky New Year!
- 6 —What are you going to make for the lantern show, Yiming?
—I'm going to make a whale lantern.
—Wow, that will be cool!
—Yes, it will be blue and white. And I'll put some lights in it.

④ ① A ② D ③ B ④ C ⑤ E

Writing

- ① What's your favourite festival
- ② I'm going to make mooncakes
- ③ I'm going to make meat mooncakes
- ④ They will be very big
- ⑤ Who are you going to share the mooncakes with

同步测评

听力理解

① ① × ② √ ③ × ④ √ ⑤ √

听力原文:

- ① Li Hao wants to make a lantern of fish.
- ② New Year is coming. We'll watch fireworks in the park.
- ③ The girl is helping Grandma make *tangyuan*.
- ④ I'll watch the lion dance at the Spring Festival.
- ⑤ We eat mooncakes and watch the moon.

② ① A ② A ③ B ④ B ⑤ A

听力原文:

- ① Boy: What do your family eat on the eve of the Spring Festival?

Girl: There are many foods. But we always have fish on the table.

② Boy: The Dragon Boat Festival is near. What are you going to do?

Girl: I'm going to watch dragon boat races. Do you want to join me?

Boy: Sure!

③ Boy: What will you do on New Year's Eve?

Girl: I'll get together with my family. We'll eat twelve grapes at midnight. It means good luck.

Boy: That's interesting!

④ Boy: What are you going to do this weekend?

Girl: I'm going shopping with my mum. We want to buy a gift for my grandpa.

Boy: Is it for his birthday?

Girl: No, it's for Christmas.

⑤ Boy: I need a small candle. Do you have one?

Girl: Yes. What for?

Boy: I'm making a lantern for the Lantern Festival. I want to put a candle in it.

Girl: Good idea! Here you are.

③ **①** Max **②** Mike **③** Annie
④ David **⑤** Chloe

听力原文:

It is the night before Christmas. Everyone is happy in Mike's house. Mike's dad Max is putting up colourful lights and balls on the Christmas tree. Mike is helping him. Mike's mum Annie is putting gifts under the Christmas tree. Susan is Mike's grandma. She's playing the piano. And Mike's brother, David, is standing next to the piano and singing a Christmas song. Mike's

little sister, Chloe, is sitting on the sofa with Grandpa and their pet dog. She is listening to a story about Christmas. Out of the window, the snow is falling slowly. They are going to have a Christmas party together!

阅读理解

1 ① A ② C ③ B ④ A ⑤ B

2 ① × ② √ ③ × ④ √ ⑤ ×

3 ① A ② A ③ B ④ B ⑤ A

4 ① A ② B ③ C ④ C ⑤ B